



# Create Smoke-Free Church Grounds

**Get church leaders (pastor, first lady, parish nurse, deacons, etc.) to support a Smoke-Free Church Grounds Policy.**

- Provide information about the benefits of implementing a Smoke-Free Church Grounds policy.
- Work to create a group of church members who will support the Smoke-Free Church Grounds policy adoption effort and sign the Smoke-Free Resolution.

**Educate church members on the hazards of tobacco-use.**

- Download & distribute tobacco-use fact-sheets.
- Hold educational events (workshops/seminars, etc.) with guest speakers.
- Develop Smoke-Free Sundays.



**Create a Smoke-Free Church Grounds policy with the leaders of the church and inform the congregation.**

- Utilize church website, announcements, bulletin inserts, church newsletter, and/or church fans to advertise the new policy.
- Display interior and exterior "No Smoking" signs in highly visible areas of the building.



**Provide ongoing education to church members about the dangers of smoking, secondhand smoke, and the predatory business practices conducted by the tobacco industry.**

- Provide church members with literature, resources, and support about smoke-free living and cessation.
- Offer a support group for church members who want to quit.
- Set-Up a resource area in your church to provide information about effective cessation programs and resources.
- Encourage church members to adapt a Smoke-Free policy in their home.



# Sample Smoke-Free Church Grounds Policy

\_\_\_\_\_ commits to implementing a **Smoke-Free Church Grounds Policy** for the overall health and welfare of its members. Tobacco use will not be permitted within church buildings or anywhere on church grounds. This policy applies to all employees, members, and visitors attending events at the church. As a church we will also work to provide information about the risks of tobacco use and the benefits of quitting to all church members.

\_\_\_\_\_ will take the following steps to ensure successful support of the **Smoke-Free Church Grounds Policy**:

1. Post interior and exterior "No Smoking" signs in highly visible areas of the building (sanctuary, parking lot, and lawn areas).
2. Provide ongoing education, materials, and support to church employees, members, and visitors.
3. Continue to remind members about the **Smoke-Free Church Grounds Policy** utilizing the church website, newsletter, announcements, etc.

Pastor's Signature \_\_\_\_\_  
Church Name \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_  
Phone \_\_\_\_\_  
Effective Date \_\_\_\_\_

